

ORIENTAL MEDICINE REVEALED

“Chinese medicine has more than 4000 years of history. It is a time-proven medical science. It cannot only treat common diseases but also difficult and problematic ones. Many diseases which Western medicine has not been able to successfully treat such as asthma, arthritis, coronary heart disease, congestive heart failure, many musculo-skeletal disorders, cancers, and other life-threatening illnesses have been successfully treated by Chinese Medicine. So, not only can Chinese medicine treat chronic diseases, but also acute ones, and this can be done successfully because it is based upon scientific philosophy. Over the last forty years, it has produced many scientific theories. I foresee the 21st century bringing about the integration of Chinese and Western medicine for the benefit of all mankind. We shall all dedicate ourselves to this end.”

Prof. Jianfu Jiang, L. Ac., MD(China),
President,
China International
Medical University



MJF



**Two roads diverged
in a wood, and I -
I took the one less
traveled by,
and that has made all
the difference.**
- Robert Frost

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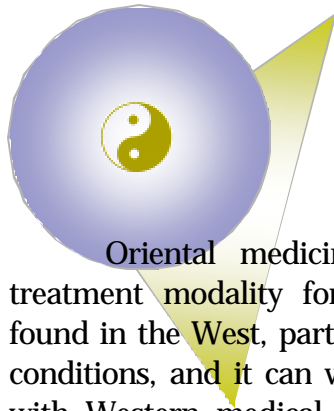
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ORIENTAL MEDICINE IN PERSPECTIVE

Oriental medicine is an effective treatment modality for modern illnesses found in the West, particularly for chronic conditions, and it can work hand in hand with Western medical treatments for the patients' benefit as evidenced by China's doctors incorporating Western medical techniques into their protocols. At times, Oriental medicine may even be the only alternative an individual has. Yet, until recently, many considered it to be just another folk medicine not worthy of note.

That was until one by one, Westerners started experiencing healing through this ancient modality that they turned to when they had reached the end of treatment possibilities with traditional Western medicine. As one person told another, and word spread, many others started paying attention and investigating Oriental medicine as a viable complement and/or alternative to the usual methods employed in the West.

Now in the early years of the 21st century we are seeing a greater acceptance and availability of this medicine, and quality scientific research is available showing that Oriental medicine is proving to be effective for many diseases and conditions otherwise considered hopeless.

ASPECTS OF ORIENTAL MEDICINE

Modern Oriental medicine developed through millennia of study, practise, and the successful treatment of disease for millions of patients. It offers much to assist us heal from our illnesses here in the West. The theory and methodology of Oriental medicine continues to develop. Doctors still use pulse diagnosis and other longstanding methods of diagnosis because they have been proven to work, but they continue to research and develop new techniques as well in their desire to bring the best possible care to their patients. Beijing Hospital of Traditional Chinese Medicine, for instance, is affiliated with a number of advanced institutions including Capital University of Medical Sciences, established in 1956 to undertake medical treatment, teaching, scientific research and preventative programs. Old and new at the same time, Oriental medicine is used by millions of people daily to heal their ills. While there are actually many aspects of the modality including meditation, herbology, exercise therapy, acupuncture, dietary therapy, bodywork therapy acupressure, massage and bone setting, any number of which might be combined in a treatment protocol for a particular patient, in the West, acupuncture is probably the aspect most familiar to people. Acupuncture is also the aspect for which the most scientific data on effectiveness is available.

In *Acupuncture: Review and Analysis on Reports of Controlled Clinical Trials* (2002), the World Health Organization notes that "over its 2500 years of development, a wealth of experience has accumulated in the practice of acupuncture, attesting to the wide range of diseases and conditions that can be effectively treated with this approach. Unlike many other traditional methods of treatment, which tend to be specific to their national or cultural context, acupuncture has been used throughout the world, particularly since the 1970's....The list of diseases, symptoms or conditions covered in this report is based on collected reports of clinical trials" and is extensive. The report can be found in the WHO Library database at <http://www.who.int/publications/en/>.

As we look into Oriental medicine further, it becomes more familiar, and it also becomes easier for us to see just how and why its treatment protocols may indeed have great use for us in the Western world along with our traditional Western medicine. Perhaps you or someone you know would benefit from Oriental medical treatments.

For more information, please contact



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The MJF provides booklets, articles & studies of Oriental medicine upon request.